



**BlueCross  
BlueShield**

Federal Employee Program.

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5.45.015

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| <b>Section:</b>    | Prescription Drugs | <b>Effective Date:</b>       | July 31, 2026    |
| <b>Subsection:</b> | Respiratory Agents | <b>Original Policy Date:</b> | January 28, 2022 |
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**Last Review Date:** June 11, 2026

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## Tezspire

### Description

#### Tezspire (tezepelumab-ekko)

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#### Background

Tezspire (tezepelumab-ekko) is a thymic stromal lymphopoietin (TSLP) blocker, human monoclonal antibody IgG2 $\lambda$  that binds to human TSLP and blocks its interaction with the heterodimeric TSLP receptor. TSLP is a cytokine mainly derived from epithelial cells and occupies an upstream position in inflammatory cascades. Blocking TSLP reduces biomarkers and cytokines associated with inflammation. Airway and mucosal inflammation are important components in the pathogenesis of asthma and chronic rhinosinusitis with nasal polyps (CRSwNP) (1).

#### Regulatory Status

FDA-approved indications: Tezspire is a thymic stromal lymphopoietin (TSLP) blocker, human monoclonal antibody (IgG2 $\lambda$ ), indicated: (1)

- For the add-on maintenance treatment of adult and pediatric patients aged 12 years and older with severe asthma.
- For the add-on maintenance treatment of adult and pediatric patients aged 12 years and older with inadequately controlled chronic rhinosinusitis with nasal polyps (CRSwNP),

#### Limitations of Use: (1)

- Not for relief of acute bronchospasm or status asthmaticus.

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Tezspire contains warnings regarding the following: hypersensitivity reactions; acute asthma symptoms or deteriorating disease; risk associated with abrupt reduction of corticosteroid dosage; parasitic (helminth) infection; and live attenuated vaccines (1).

FEP adherence is defined as  $\geq 50\%$  utilization within the last 180 days.

The safety and effectiveness of Tezspire in pediatric patients less than 12 years of age have not been established (1).

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#### Related policies

Cinqair, Dupixent, IL-5 Antagonist, Xolair

#### Policy

*This policy statement applies to clinical review performed for pre-service (Prior Approval, Precertification, Advanced Benefit Determination, etc.) and/or post-service claims.*

Tezspire may be considered **medically necessary** if the conditions indicated below are met.

Tezspire may be considered **investigational** for all other indications.

### Prior-Approval Requirements

**Age** 12 years of age or older

#### Diagnosis

Patient must have the following with provided documentation (e.g., medical records, laboratory reports):

1. Severe asthma
  - a. Inadequate control of asthma symptoms after a minimum of 3 months of compliant use with greater than or equal to 50% adherence with **ONE** of the following within the past 6 months:
    - i. Inhaled corticosteroids & long acting beta<sub>2</sub> agonist
    - ii. Inhaled corticosteroids & long acting muscarinic antagonist
  - b. Used as add-on maintenance treatment and patient will be receiving **ALL** of the following:
    - i. Medium or high-dose inhaled corticosteroid

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- ii. An additional controller medication (e.g., long acting beta<sub>2</sub> agonist, leukotriene modifier)
  - c. Documentation of baseline serum IgE level and eosinophil count
  - d. **NOT** used for the relief of acute bronchospasm or status asthmaticus
  - e. **NO** dual therapy with another monoclonal antibody for the treatment of asthma or COPD (see Appendix 1)
  - f. **NOT** given concurrently with live vaccines
  - g. Patient **MUST** have tried the preferred product(s) (see Appendix 3) unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)
- 2. Chronic rhinosinusitis with nasal polyps (CRSwNP)
  - a. Inadequate treatment response, intolerance or contraindication to a 3-month trial of **TWO** nasal corticosteroid sprays (i.e., mometasone, fluticasone, budesonide, or triamcinolone)
  - b. Used as add-on maintenance treatment
  - c. **NO** dual therapy with another monoclonal antibody for the treatment of CRSwNP (see Appendix 2)
  - d. **NOT** given concurrently with live vaccines
  - e. 18 years of age and older **ONLY**: Patient **MUST** have tried the preferred product(s) (see Appendix 3) unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)

All approved requests are subject to review by a clinical specialist for final validation and coverage determination once all required documentation has been received. Current utilization, including samples, does not guarantee approval of coverage.

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## Prior – Approval *Renewal* Requirements

**Age** 12 years of age or older

### Diagnosis

Patient must have the following with provided documentation (e.g., medical records, laboratory reports):

1. Asthma

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- a. Decreased exacerbations **OR** improvement in symptoms
  - b. Decreased utilization of rescue medications
  - c. Patient has been compliant on Tezspire therapy
  - d. Used as add-on maintenance treatment
  - e. **NOT** used for the relief of acute bronchospasm or status asthmaticus
  - f. **NO** dual therapy with another monoclonal antibody for the treatment of asthma or COPD (see Appendix 1)
  - g. **NOT** given concurrently with live vaccines
  - h. Patient **MUST** have tried the preferred product(s) (see Appendix 3) unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)
2. Chronic rhinosinusitis with nasal polyps (CRSwNP)
- a. Improvement in sino-nasal symptoms
  - b. Used as add-on maintenance treatment
  - c. Patient has been compliant on Tezspire therapy
  - d. **NO** dual therapy with another monoclonal antibody for the treatment of CRSwNP (see Appendix 2)
  - e. **NOT** given concurrently with live vaccines
  - f. 18 years of age and older **ONLY**: Patient **MUST** have tried the preferred product(s) (see Appendix 3) unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)

All approved requests are subject to review by a clinical specialist for final validation and coverage determination once all required documentation has been received. Current utilization, including samples, does not guarantee approval of coverage.

### Policy Guidelines

#### Pre - PA Allowance

None

#### Prior - Approval Limits

##### Quantity

| Strength / Dosage Form            | Quantity            |
|-----------------------------------|---------------------|
| 210 mg / 1.91 mL single-dose vial | 3 units per 84 days |

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|-------------------------------------------------|--|
| 210 mg / 1.91 mL single-dose pre-filled syringe |  |
| 210 mg / 1.91 mL single-dose pre-filled pen     |  |

**Duration** 12 months

### Prior – Approval *Renewal* Limits

Same as above

### Rationale

#### Summary

Tezspire (tezepelumab-ekko) is a TSLP blocker and human monoclonal antibody that is used for the add-on maintenance treatment of patients 12 years and older with severe asthma or CRSwNP. Tezspire is not used for the relief of acute bronchospasm or status asthmaticus. It is also recommended to avoid the use of live attenuated vaccines with Tezspire. The safety and effectiveness of Tezspire in pediatric patients less than 12 years of age have not been established (1).

Prior authorization is required to ensure the safe, clinically appropriate, and cost-effective use of Tezspire while maintaining optimal therapeutic outcomes.

#### References

1. Tezspire [package insert]. Thousand Oaks, CA: AstraZeneca AB, Inc.; October 2025.
2. Global Initiative for Asthma. Global Strategy for Asthma Management and Prevention, 2021. Available from [www.ginasthma.org](http://www.ginasthma.org).

### Policy History

| Date         | Action                                                                                                                                                                                                                                                                                         |
|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| January 2022 | Addition to PA                                                                                                                                                                                                                                                                                 |
| March 2022   | Annual review                                                                                                                                                                                                                                                                                  |
| April 2022   | Per FEP, added initiation requirement that patient must be using as add-on maintenance treatment and will be using with a medium or high-dose corticosteroid and an additional controller medication and added renewal requirement that patient must be using as add-on maintenance treatment. |

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|----------------|-----------------------------------------------------------------------------------------------------------|
| June 2022      | Annual review                                                                                             |
| September 2022 | Annual review                                                                                             |
| February 2023  | Per PI update, added new dosage form pre-filled pen                                                       |
| June 2023      | Annual review                                                                                             |
| December 2023  | Annual review. Per SME, changed renewal requirement to decreased exacerbations or improvement in symptoms |
| December 2024  | Annual editorial review. Added Appendix 1                                                                 |
| December 2025  | Annual editorial review. Per PI update, added indication of CRSwNP. Added t/f 2 preferred options         |
| June 2026      | Annual review                                                                                             |
| July 2026      | Fixed no dual therapy requirement for CRSwNP                                                              |

### [Keywords](#)

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**This policy was effective with interim approval on July 31, 2026 and will be reviewed by the FEP® Pharmacy and Medical Policy Committee on September 17, 2026.**

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**Appendix 1 - List of Monoclonal Antibodies for Asthma or COPD**

| Generic Name     | Brand Name |
|------------------|------------|
| benralizumab     | Fasenra    |
| dupilumab        | Dupixent   |
| mepolizumab      | Nucala     |
| omalizumab       | Xolair     |
| reslizumab       | Cinqair    |
| tezepelumab-ekko | Tezspire   |

**Appendix 2 - List of Monoclonal Antibodies for CRSwNP**

| Generic Name     | Brand Name |
|------------------|------------|
| dupilumab        | Dupixent   |
| mepolizumab      | Nucala     |
| omalizumab       | Xolair     |
| tezepelumab-ekko | Tezspire   |

**Appendix 3 - List of Preferred Products**

List of preferred products:

[https://info.caremark.com/content/dam/enterprise/caremark/microsites/dig/pdfs/pa-fep/fep-misc/FEP\\_IndicationMedChx.pdf](https://info.caremark.com/content/dam/enterprise/caremark/microsites/dig/pdfs/pa-fep/fep-misc/FEP_IndicationMedChx.pdf)

Refer to formulary documents for confirmation of coverage:

<https://www.fepblue.org/pharmacy/prescriptions#drug-lists>